Diabetic retinopathy through retinal image analysis: A review

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Abstract

In this paper, the recent advancement in the Digital Image Processing Aspects in the Diabetic Retinopathy (DR) were been discussed. The major approaches in DR are categorized into four classes namely Preprocessing, Optic Disk Detection, Blood Vessel Extraction and supervised classification. The optic disk, blood vessels and exudates gives more analytical details about the retinal image, segmentation of those features are very important. Further these approaches are classified into finer classes based on the methodologies accomplished in the respective schemes. The details of the database those used for testing the proposed algorithms is also illustrated in this paper. The details of performance metrics such as accuracy, sensitivity, specificity, precision, recall and F-measure are also discussed through their mathematical expressions.

Keywords: Diabetic Retinopathy (DR), Optic Disk, Blood Vessel Segmentation, Exudates, datasets.

1. Introduction

Automation in medical diagnosis is been in investigation for a longer time. Researchers have focused on various aspects of medical data to process, towards automation of medical diagnosis, resulting in faster, economical and accurate diagnosis. The primal objective of the system is to overcome the dependency of the sample analysis for the captured medical data and process in a supervised manner to extract and detect the effects observed in the given sample. Towards automation, various medical samples, such as MRI, mammogram, X-rays, ECG, EEG etc., were analyzed in either online or offline mode. Therefore, further developing automation approach for the detection of Diabetic Retinopathy “(DR)” through retinal image analysis a similar objective of retinal image diagnosis was also developed [1,2].

Generally the segmentation of blood vessel in retinal image considers the features of blood vessel such as Length of blood vessel, width of blood vessel, vessel tortuosity and branching pattern of vessel. The automatic detection of retinal vasculature can help in Evaluation of retinopathy of prematurity [3], fovea vascular region detection [4], arteriolar narrowing [5], relationship between vessel tortuosity and hypertensive retinopathy [6], vessel diameter measurement in relation with diagnosis of hypertension [7], and computer assisted laser surgery. Further the automatic extraction of branch points of vessels and maps of vessels can be used for multimodal or temporal image registration [8], optic disk identification [10] and location of fovea. Finally, the retinal vascular structure of every individual is unique which can be used for biometric identification [11, 12].

Manual segmentation of retinal blood vessels is a deadly task which requires skill and training. Hence there is a necessity of automatic blood vessel segmentation in retinal images to make the system automatic, which is the main aspect accepted by medical council in the development of computer assisted diagnostic for ophthalmic diseases. In earlier stages, many approaches were proposed to perform blood vessel segmentation in retinal images.

A. Image oriented retina analysis

The retinal image is captured through a specific camera called fundus camera. The fund us camera captures the inner surface of the eye which includes the retina, optic disc, macula, and posterior pole [13]. The eye's fundus is the only part of the human body where the microcirculation can be observed directly. The diameter of the blood vessels around the optic disc is about 150 μm, and an ophthalmoscope allows the observation of blood vessels with diameters of 10 μm. Medical signs that can be detected from observation of fundus eye image include hemorrhages, exudates, blood vessels, optic disk and cotton wool spots. Figure 1 shows a typical retinal image labeled with various components of DR. Micro aneurysms appear as small red dots that may lead to hemorrhage(s), while the hard exudates appear as bright yellow lesions. Generally the severity of DR is measured through the spatial distribution of exudates, and Micro aneurysms and Hemorrhages (MAHM). Hence the DR detection methodology involves the following phases; Preprocessing: Preprocessing phase involves the normalization image contrast and luminance etc. Optical Disk Segmentation: Optical disk detection algorithm uses the property of fundus image that the optical disk region is the brightest region and therefore the intensity value is the criterion used to detect optical disk. Blood Vessel Extraction: Blood vessel extractions done using morphological operations on the green channel of fundus image. Fovea Detection: Fovea Detection is detected using the location of the optic disc and curvature of the main blood vessel. Micro Aneurysms and Hemorrhages (MAHM): Hemorrhages and micro aneurysms are treated as holes and morphological filling is performed on the green channel to identify them.
The available diagnosis for Diabetic Retinopathy are: Digital Retinal Images for Vessel Extraction (DRIVE), Structured Analysis of the Retina (STARE), Automatic Retinal Image Analysis (ARIA), Image Retinopathy (IMAGERET), Methods to Evaluate Segmentation and Indexing Techniques in the Field of Retinal ophthalmology (MESSIDOR), Retinal Vessel Image set for Estimation of Widths (REVIEW) and vessel registration for a reliable computation of arteriovenous ratio (VICAVR).

The general performance metrics which are used for the performance evaluation, i.e., to measure how exactly the status of DR is identified, are as follows;

\[ \text{Accuracy} = \frac{TP+TN}{TP+TN+FP+FN} \]  
(1)

Whereas, True Positive (TP) = correctly identified, False Positive (FP) = incorrectly identified, True Negative (TN) = correctly rejected, False Negative (FN) = incorrectly rejected.

Along with accuracy, to show the enhancement of propose approach and to compare the proposed approach with earlier approaches few more metrics such as sensitivity, specificity, Recall, precision and F-measure was evaluated with following mathematical expressions.

Sensitivity measures the proportion of positives that are correctly identified as,

\[ \text{Sensitivity} = \frac{TP}{TP+FN} \]  
(2)

Specificity measures the proportion of negatives that are correctly identified as,

\[ \text{Specificity} = \frac{TN}{TN+FP} \]  
(3)

Precision is the fraction of identified instances that are correct, while recall is the fraction of correct instances that are identified.

\[ \text{Recall} = \frac{TP}{TP+FN} \]  
(4)

\[ \text{Precision} = \frac{TP}{TP+FP} \]  
(5)

F-measure or balanced F-score is a measure that combines precision and recall is the harmonic mean of precision and recall.

\[ F - \text{measure} = \frac{2 \cdot \text{Recall} \cdot \text{Precision}}{\text{Recall} + \text{Precision}} \]  
(6)

Based on the above metrics, a performance plot is drawn between sensitivity and specificity and called as Receiver Operating Characteristics (ROC) curve. A sample ROC plot is shown in figure.2.

2. Approaches

A. Preprocessing

Preprocessing technique is to attenuate image variation by normalizing the original retinal image against a reference model or data set for subsequent viewing and processing or analysis. Because of the acquisition process, very often retinal images are non-uniformly illuminated and exhibit local luminosity and contrast variability. This problem may seriously affect the diagnostic process and its outcome, especially if an automatic computer-based procedure is used to derive diagnostic parameters. A new method is proposed by For acchia M et.al, and Ehsan S [14,15] to normalize luminosity and contrast in retinal images, both intra and inter image. The method is based on the estimation of the luminosity and contrast variability in the background part of the image and the subsequent compensation of this variability in the whole image. Due to the complex imaging setup, there is a large luminosity and contrast variability within and across images. Here, Gopal Dutt Joshi [16] uses the knowledge of the imaging geometry and proposed an enhancement method for color retinal images, with a focus on contrast improvement with no introduction of artifacts. The method uses non-uniform sampling to estimate the degradation and derive a correction factor from a single plane. Gopal Dutt Joshi [16] also proposed a scheme for applying the derived correction factor to enhance all the color planes of a given image. Furthermore, the empirical observations were carried out by Shin D.S et.al., [17] and Leandro J.J.G et.al., [18] to identify the green channel of RGB images as containing the maximum contrast. Rapantzikos K et.al., [19] also note that the green channel appears to provide more information and is less subject to non-uniform illumination and blue channel contains little information for the detection of retinal features.

Histogram equalization redistributes the histogram of each color channel in the input image such that the output image contains a uniform pixel value distribution. Hani [20] proposed an improved nonlinear hue-saturation-intensity color model (INHSI) to preserve color information of the retinal images. The intensity component is enhanced by Rayleigh transformation in contrast-limited adaptive histogram equalization (Rayleigh CLAHE) [21,23] algorithm. Redistributing the histogram to match that of a reference image, which does not necessarily contain the lesion, may obscure evidence of the pathology.

Contrast enhancement technique has an important role in the field of retinal image enhancement as it improves the contrast of an image. The contrast is an important factor to differentiate a good quality image from a low-quality image. A new retinal image contrast enhancement method for Diabetic Screening System is presented by N.S.Datta [22]. This method is compared with different contrast enhancement approaches [24, 25] and found that it produces better image quality and preserves the mean brightness of the input images which is very important for medical image analysis. Rapantzikos K et.al., [19] Proposed a multilevel histogram...
equalization (MLE) method as a preprocessing step in the detection of drusen. The approach is based on the sequential application of histogram equalization to progressively smaller non-overlapping neighborhoods. However, the detection of multiple types of anatomy and pathology with different physical dimensions is also problematic when relying upon a hierarchal neighborhood method.

B. Optic Disk (OD) segmentation

Segmentation of the optic disk usually refers to the subsequent task of determining the contour of the disk. Localization and segmentation of the optic disk are important tasks in retinal image analysis. The disk center and contour are often prerequisite landmarks in establishing a frame of reference for identifying Diabetic Retinopathy. Related work regarding the OD detection using fundus images can be broadly categorized into two groups based on shape, color and structure of the OD and the properties of the retinal vasculature. The automated algorithms belonging to both the categories are discussed as follows.

2.2.1 Structural features based OD detection

This category includes the well-known methods that rely on the appearance and size of the OD [26], such as the method in [27] that detects the bright regions by mathematical morphology and detects the OD as the largest high contrast average circular-shape area. The method in [28] uses morphology followed by watershed transform for the model-based OD detection. The method in [42] first locates a pixel belonging to the OD region, and then applies boundary segmentation by morphology, edge detection, and circular Hough transforms. Other well-known methods in [29] and [30] use a line operator to capture the circular brightness structure of the OD since the maximum and minimum variation along the linear operator has a specific pattern to locate the OD.

2.2.2 Retinal Vasculature based OD detection

This category of methods examines the retinal vasculature for locating the OD, since the OD is the point of entrance of the optic nerve and blood vessels which branch out into finer vessels through the retina. The method in [26] applies a search on the branching network patterns formed by the blood vessels to converge to the region where most paths ended, followed by the application of Hough transform on all such regions to finally locate the OD. Another method in [31] matches directional patterns of the retinal blood vessels to match the direction of OD vicinity. The method described by Rangayyan R et.al., [32] localizes the OD by tracking the blood vessels using Gabor filters to detect the peaks in nodes via phase portrait analysis and locates the OD at the focal point of the vessels using Hough transform. Welfer D et.al., [33] applied watershed transform for detecting the OD location and disc boundary using the information regarding the major vessel arcade. Besides, maximization of vessel pattern-based entropy is used to detect the location of the OD in [34].

2.2.3 Combined strategies

Some algorithms, however, have combined the two categories, such as the method in [35] that locates the OD based on the structure of the OD, the convergence of blood vessels at the OD, and the variation in the size of the blood vessels entering the OD. Another method in [36] uses the feature-based k-nearest neighbor classifier for training and extracting the OD. The method in [43] uses an ensemble of pyramidal decomposition, edge detection, entropy-filter-based detection, Hough transform, and feature-vector-based algorithms for detecting the OD. Another method in [37] uses the principal component image plane followed by the removal of vessel regions, image in painting, stochastic watershed transform, and regional discrimination for the OD boundary detection. Also, the method in [44] applies super-pixel classification to separate pixels of the disc from non-discs using histogram and center surround statistics.

2.2.4 Other Methods

The recent works in [38] and [39] separate the vascular information from the in painted vessel removed images and use the radial-symmetry-based OD location strategy. In [38], the OD region is selected as the one having high vesselessness in its vicinity. While the method in [39] uses complex contour fitting at increased resolution using in painted images and vessel masks. Another recent work in [40] uses three vessel distribution features: Local vessel density, compactness, and uniformity to find horizontal OD coordinate, followed by Hough Transform and parabola fitting to find the vertical OD coordinate. A set of morphological opening and closing operations are carried out in the method proposed by Marin D et.al., [41] to produce an image with bright regions followed by blood vessel confluence detection at the OD and circular Hough transform.

C. Retinal blood vessel extraction

The segmentation and measurement of the retinal vessels is of primary interest in the diagnosis and treatment of a Diabetic Retinopathy. As previously discussed, the accurate segmentation of the retinal blood vessels is often an essential prerequisite step in the identification of retinal disorders and abnormalities. The vessel cross-sectional intensity profiles approximate a Gaussian shape or a mixture of Gaussians in the case where a central vessel reflex is present. The orientation and grey level of a vessel does not change abruptly; they are locally linear and gradually change in intensity along their lengths. The vessels can be expected to be connected and, in the retina, form a binary treelike structure. However, the shape, size and local grey level of blood vessels can vary hugely and some background features may have similar attributes to vessels. Vessel crossing and branching can further complicate the profile model. As with the processing of most medical images, signal noise, drift in image intensity and lack of image contrast pose significant challenges to the extraction of blood vessels. In earlier so many approaches are proposed to perform retinal vasculature segmentation based on various aspects like curvature of vessel, morphological operations, matched filtering etc. This section gives a complete knowledge about the earlier proposed retinal vascular segmentation approaches.

2.3.1 Curvature based methods

In this case, the blood vessel can be modeled as a curve for smoother extraction. Along with this, the abnormalities in the blood vessels can be determined through the tortuosity of the vessels. Tortuosity is an indication of how winding a blood vessel is [45]. If there is more tortuosity in the blood vessel there may be chance of DR. Tortuosity can happen in small portions of blood vessel or throughout the blood vessel network.

2.3.1.1 Arc length over chord length ratio methods

Methods of this group have simple mathematical expressions. The first methods of this category were introduced in [46] and were widely utilized thereafter [47–50]. However, it is apparent that the arc over chord length ratio, on its own, is insufficient for determination of vessels with smooth curvature and vessels with variation in curvature direction. For compensation, [51] and [52] proposed modifications on the approach. In [52], vessels are partitioned into segments with the same convexity and a weighted sum of arc over chord length of all segments is proposed as a tortuosity measure.

2.3.1.2 Methods based on curvature

Curvature is a mathematical measure for how inflected a curve is at a certain coordinate. Hart W.E et.al.,[48] used curvature method
to develop two tortuosity measures which are the integral of curvature and the integral of curvature squared. Moreover, the ratio of these integrals over arch or chord length has also been proposed as tortuosity measures in [48]. In [53], the integral of squared curvature derivative is suggested as a measure of tortuosity. These or other curvature-based algorithms have been used in most of the recent works including [54], [55] as well. Curvature based tortuosity measures are more reliable, but they impose a heavy computational burden compared to the methods of the first group.

2.3.1.3. Methods based on angle variation

These methods compute the direction variations of the vessel to measure tortuosity. In [56], the average of the angles between sample center points that describe the vessel (called local direction variation) was used to measure tortuosity. In [57], the same method is used to measure local angles and the number of times a local angle surpasses 30° is considered as tortuosity index.

2.3.1.4. Methods based on another domain

Instead of extracting the curvature of blood vessel in spatial domain, the curvature of blood vessel is calculated in the transform domain. Kaupp A et.al.,[58] Used Fourier analysis and [59] used circular Hough transform to calculate curvature. Moreover, in [60], Non-Subsample Contour let Transform is used for curvature calculation. The key feature of these methods is evaluation of tortuosity without vessel extraction. However, they suffer from heavy computational burden as well. There have also been some special cases of tortuosity measurement algorithms. For example, [61] used cubic-spline interpolation for measuring tortuosity.

2.3.2 Morphological based methods

Morphological processing which consist of techniques dealing with digital image processing using mathematical morphology by applying some structure element (SE) to binary images and sometimes to gray-level images.

A novel three-stage blood vessel segmentation algorithm was developed in [62]. The first stage is pre-processing by high-pass filtering then extracting a binary image and another binary image is reconstructed from morphologically enhanced image for the vessel regions. Next the major vessels are extracted which is common regions from these two images. Then the second stage, Gaussian Mixture Model (GMM) classifier is used to classify all pixels in the two binary images which are remained from previous stage. Morphological multi-scale enhancement method is also presented in [64]. For the extraction of the blood vessels in the angiogram; fuzzy filter and watershed transformation are used. In the method [65] an approach is presented which is combined unique vessel centerlines detection with morphological bit plane slicing. The first order derivative of a Gaussian filter is used in four directions to extract the centerlines, and then performing an average derivative and derivative signs with the extracted centerlines. Morphological multidirectional top-hat operation is applied on blood vessels gray-scale image with linear structure element to obtain the orientation map and shape. In [66] fast discrete curve let transform with multi-structure mathematical morphology is proposed. For detecting the blood vessels edges, multi-structure morphological transformation is applied. Then morphological opening is applied on the result image to remove the false edges. An automated enhancement and segmentation method for blood vessels is presented in [67]. This method decreases the optic disc influence and emphasizes the vessels by applying a morphological multidirectional top-hat transform with rotating structuring elements to the background of the retinal image.

2.3.3 Matched Filtering Methods

Matched filtering for the detection of the vasculature convolves a 2D kernel with the retinal image. The kernel is designed to model some feature in the image at some unknown position and orientation, and the matched filter response (MFR) indicates the presence of the feature. Various approaches [71-73] are proposed in earlier based on matched filtering. Al-Rawie et al.,[72] improved Chaudhuri et al.,’s[71] matched filter (MF) by using an exhaustive search optimization procedure to find the best parameters for matched filter size, the standard deviation and threshold value. The improved MF outperforms Chaudhuri’s classical parameter matched filter. Yao and Chen [73] uses a 2-D Gaussian matched filter for retinal vessel enhancement and then a simplified pulse coupled neural network is employed to segment the blood vessels by firing neighboring neurons. Next, a fast 2-D-Otsu algorithm is used to search the best segmentation results. Due to the Gaussian nature of blood vessel profile, the MF with Gaussian kernel often misclassifies non-vascular structures as vessels. To avoid such false detection, [68] introduces Laplacian of Gaussian (LoG) filters in the vessel segmentation process. In [69], a novel matched filter based on a new kernel function with Cauchy distribution is introduced to improve the accuracy of the automatic retinal vessel detection compared with other available matched filter-based methods, most notably, the methods built on Gaussian distribution function. [70] Represents a new matched filter-based vasculature segmentation method for 2-D retinal images. First, a raw segmentation is acquired by thresholding the images preprocessed using weighted improved circular Gabor filter and multi-directional multi-scale second derivation of Gaussian. After that, the raw segmented image is fine-tuned by a set of novel elongating filters.

D. Supervised classification

In supervised method, the rule for vessel extraction is learned by the algorithm based on a training set of manually processed and segmented reference images often termed as the gold standard. This vascular structure in these ground truth or gold standard images is precisely marked by an ophthalmologist.

Artificial Neural Network is one of the most prominent techniques for supervised classification and most of the applications accomplished it. An ANN based vessel segmentation approach is developed in [74] based Self-Organizing Map (SOM). Firstly, a multidimensional feature vector is constructed with the green channel intensity and the vessel enhanced intensity feature by the morphological operation. Secondly, self-organizing map (SOM) is exploited for pixel clustering, which is an unsupervised neural network. Finally, we classify each neuron in the output layer of SOM as retinal neuron or non-vessel neuron with Otsu’s method, and get the final segmentation result. In [75] a supervised classification technique was proposed based on the Neural Networks and grey-level co-occurrence matrix. The required specific features are extracted through the grey-level co-occurrence matrix and they are trained through ANN. [76] proposed a supervised segmentation technique that uses a deep neural network trained on a large sample of examples preprocessed with global contrast normalization, zero-phase whitening, and augmented using geometric transformations and gamma corrections. Several variants of the method are considered, including structured prediction, where a network [77] classifies multiple pixels simultaneously.

In [78], we present a novel method to segment retinal blood vessels to overcome the variations in contrast of large and thin vessels. This method uses adaptive local thresholding to produce a binary image then extract large connected components as large vessels. The residual fragments in the binary image including some thin vessel segments (or pixels), are classified by Support Vector Machine (SVM).[79] Presents a new supervised method for blood vessel detection in digital retinal images. This method uses a Fuzzy logic based Support Vector Machine scheme for pixel organization and computes a 5-D vector composed of gray-level...
and intensity histogram-based features for pixel representation. The combination of several image processing techniques with SVM classification for vessel segmentation is proposed in [80]. The combination of the radial projection and the semi-supervised self-training method using SVM is employed by [81] for vessel segmentation. [82] present an automated segmentation method for blood vessels in images of the ocular funds. The method uses a supervised classification of vessels at each pixel based on its feature vectors. The feature vectors include the responses of the pixel to the multi-scale vessel enhancement filtering and Gabor filtering at multiple scales and multiple orientations. We use a support vector machine to extract the vessels. [83] proposed the radial projection method to locate the vessel centerlines. Then the supervised classification is used for extracting the major structures of vessels. The final segmentation is obtained by the union of the two types of vessels after removal schemes.

As per the above discussions, the earlier approaches are categorized into preprocessing base, OD segmentation based, Blood vessel extraction based and supervised classification based approaches. They can be further classified into various categories based on the detection of inner details such as detection of exudates, fovea and macula localization, detection of micro aneurysms or hemorrhages, Detection of retinal exudates and cotton wool spots etc. [89-94] and classified as vessel profile model based approaches [98-100], vessel tracking [95-97] based approaches, pixel based classification approaches. Further a fine classification can also be carried out by observing the visual characteristics of optic disk, localization of OD and segmentation of OD. Opposite to the supervised classification, i.e., unsupervised classification based approaches like Fuzzy c-means clustering [84,87] based vessel segmentation approaches, Bayesian image analysis [85], Radius based Clustering Algorithm (RACAL) [88] which uses a distance based principle to map the distribution of the image pixels.

Among the above discussed approaches, the performance of algorithms based on supervised classification is better in general than their counterparts. The performance of almost all the approaches is measured through Received Operating Characteristics (ROC) and it is found to be approximately 0.95. However, the supervised classification based algorithms do not work well under the image with non-uniform illumination variations; they produce false detection in some images on the border of optic disk. For the blood vessel segmentation matched filter base approaches are observed to be more efficient and achieved an optimal accuracy. The matched filtering alone cannot handle vessel segmentation in pathological retinal images; therefore, it is often employed in combination with other image processing techniques.

3. Conclusions

A structured survey of algorithms for the automatic detection of diabetic retinopathy in digital retinal images has been presented. The development of an effective tool for incorporation into diabetic retinopathy screening programmers is a highly desirable goal. An efficient system that can systematically analyze digital retinal images and eliminate those where no or very low blood vessel is present, could significantly reduce the workload for ophthalmologists and graders in diabetic retinopathy screening centers. This review has focused completely on the analysis of digital images of the retina in the field of diabetic retinopathy. The process of analyzing the digital image of retina is may be viewed as a series of steps, for each of which, a choice of technologies or algorithms is available. In this survey, the diversity of the identified studies made it impossible to conduct a full quantitative statistical analysis of the performance of each processing step within the various approaches.

The qualitative analysis allowed articles to be grouped according to the methodological approaches used for each step in the process, and trends within the literature to be identified. It is observed that in most cases, the existing methodologies have some shortcomings” and many of the articles set out to develop improved methodologies derived from an existing technique.

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